



Radisson Community Updates

The 2019 Radisson Phone Directory is scheduled to be delivered over the course of the next 2-3 weeks. Although the Directory isn't being printed each year, you can easily look up your neighbors on the website version that is updated on a monthly basis.

And speaking of our website, it is getting a fresh new look! We have a new web provider that works with our

HOA accounting software and we are looking forward to the updates.

Residents with email addresses will receive welcome instructions and a new password. Details coming soon!

RCA has an annual budget in place for the inevitable repairs needed to our large pathway system. With the assistance of the Operations Committee, as

well as feedback from residents, RCA staff evaluates the pathways each year.

Please report any sections of the community's pathway system that should be considered during this year's pathway repair project. You can use the Common Area Maintenance Form on our website, or send email to: info@radissoncommunity.org.

Radisson Events

Kentucky Derby Party

Saturday, May 4 at Potters Pub. Tickets will be on sale in the RCA Office starting April 5. \$5 for promotional food and a house beverage. The event is open to the public.

Radisson Community Foundation Fundraiser

The Commemorative 45th Anniversary Anheuser-Busch Tour and Tasting tickets sold out in less than one week! We are excited to have so much interest in

this event.

The proceeds from this "Beer and Cheer" event will benefit the Radisson Community Foundation.

Announcements & Notices

Architectural Standards Applications

It's not too early to submit an application for your exterior home modification. Beat the rush of spring-time applications and obtain an early approval.

Annual Assessment Fees

CORRECTION: A typo in the recent Reflections stated the Operating Assessment was changing to .02875, rather than .2875. We apologize for the error. The assessment rate was noted cor-

rectly on your quarterly statement.

Invoices for 1st Quarter Assessments (4/1/19 – 6/30/19) are due April 1. Please note the new quarterly amount and make adjustments to any automatic payments you may have setup through your own bank.

Please send payment to the address on the detachable stub or drop it off at the RCA office. You can also make payments online at www.hoabankservices.com.

If you wish to pay the Assessment for the year, simply multiply the amount on your statement by 4 and submit as usual.

Radisson Nursery School

RNS is currently registering students for the 2019/20 school year. Call Director, Allison Bowden for information and a private tour @ 315-635-2815.

This is an official publication of Radisson Community Association, Inc

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p 315-635-7171 f 315-635-7182

Office Hours: Monday-Friday 8:00 am to 5:00 pm

info@radissoncommunity.org www.radissoncommunity.org

Radisson Community Calendar

Mar 27: Board of Directors, 7:00pm
@ Aspen House

Apr 1 & 15: ASC Meeting @ RCA
Office



Seasonal Reminders

Key Purchases

Several of our amenities are accessible only with a key; the Tennis Courts (\$5), River Park (\$5) and the Boat Launch (\$50). New locks and keys are needed each season for the River Park and Boat Launch. They will be updated on or about April 1, and keys will be available a few days prior.

Tennis court locks and keys will also be updated this season. Keys remain \$5 and will access any of the three courts. Keep in mind that you can now play

Pickleball at the Carpenter Road courts. Scheduled times will be announced in future *Reflections*.

Keys for any of these facilities can be purchased in the RCA Office. They are also available at the Oberon Pool Office during open swim hours.

Storage Yard Lots Available

The newly expanded storage yard has several lots still available for large RVs and trailers. Contract details are on our website.

Community Garden Plots

Contracts for available plots will be available beginning April 1. Plots are \$25 each plus security deposit. Perennial plots will go quickly! 2019 contracts will be posted on the website next week.

Kayak Storage Slots

Contracts for available slots will be available beginning April 1. Slots are \$20 each, limit of 2. 2019 contracts will be posted on the website next week.

Local Activities & Announcements

BCSFD Annual Pancake Breakfast

Palm Sunday, April 14 at Belgium Cold Springs Fire Department Station #1, 7920 West River Road. Buffet menu served 7 AM – 1 PM.

Electronics Recycling Event

Saturday, March 30, from 9:00am to 12:00pm at the New York State Fairgrounds (enter at Gate 7). Area residents can safely and legally dispose of old electronics at no charge. Items that can be accepted include computers,

printers, tvs (CRT, LCD, LED, plasma), cell phones, networking equipment, monitors (CRT, LCD, LED), tablets, ink cartridges and more. Visit Sunning.com for a full list of acceptable and prohibited items or call 315-428-9651.

Growing Positive Relationships *by Dr. Judy Ivey*

Let's celebrate love and relationships. Most of us want to be loved and to love. Love occurs in relationships. Relationships can be heart building, heart-healing, and heart renewing or heart-breaking. What makes a relationship grow or fail? In researching *When Bad Things Happen to Good Marriages*, one important step is to take responsibility for positive as well as negative experiences in the relationship. Pointing blame to the other person, making excuses for yourself, denying and "not dealing" with negative aspects in life will not promote a healthy relationship. If you try honestly to admit your successes and failures, your partner will be drawn to emulate your positive. For example, a Couple "Q" is experiencing difficulty in their relationship: she talks to him about concerns and also her mistakes, and then focuses on what she wants to improve. Relationships need to be based on the principle that is kind and caring. In turn, this effects and increases love tendencies in positive ways in the relationships. Thus, negative

behaviors aren't totaled, but positive behaviors are focused, on bringing optimism to the future of the relationships.

Another important step is to try to walk in each other's shoes. What one person in the relationship said, may not be what the other person understood. Be empathetic with each other—you are not trying to make enemies. Couple "R" practices taking turns – one talk, the other writes down what that person said. Then it is read back. Difficulties in how information is perceived and acted upon can then be analyzed by the couple, allowing each partner to help the other. However, if the relationship is uncoupled, both partners may distance from each other and go into each other private. This brings up past experiences of hurts that may not have healed. It is the responsibility for each person in the relationship to tell each other they have uncoupled and need to get back in step. Couple "S" told each other of past hurts. The partner listening needs to get in place for forgiveness. Help the hurting partner to talk and be

open. Let empathetic feelings bring understanding and compassion from the "listening one" to the "hurting one" To master the art of forgiveness means to have open ears and heart for the other person and to recognize you have suffered hurt you didn't deserve. Couple "S" learns that to forgive is to discipline one's self to move on. Forgiveness does not mean returning to the same situation if the response is not meaningful and if sincere change does not occur on the partner's part. This couple is now surviving beyond what they are daily experiencing to improved mental health in their relationship.

Please remove judgement from your relationship so it is not stored up in criticism and putdowns. Also remove vengeance or you will continue to hurt more as you hurt another more. Renounce bitterness so some bad experiences don't become the entire experience. In holding judgement, bitterness and vengeance are key. Do not become jailors in the relationship with each other; love one another.



Classified Ads

FOR SALE

Two Pier One counter-height chairs with new Pier One cushions, \$80. 2 designer gray enamel end tables, \$50. Excellent conditions. Call 540-915-8031.

LOST & FOUND

Nintendo switch found near Far Reach Drive over winter break. Please call with the username to claim 315-857-3461.

RESIDENT CLASSIFIEDS: Free advertisement of personal items for sale, wanted, etc, is a benefit available to our residents/members. Certain limits apply, including but not limited to, 40-word maximum. Log In to website and use the Classified Ad Form to submit an ad. (under Newsletter/Advertising)

Radisson Community Association Mission Statement

To preserve, protect and enhance the common lands and facilities for the use and enjoyment of the RCA Residents and Members.
To promote the health, safety, welfare, education and cultural enrichment of the Residents and Members of Radisson.
To ensure compliance with the Radisson Declaration of Protective Covenants, Conditions and Restrictions.